

# Manager Alumni Follow Up



## Module 4 - Scenic Route 2

#### Attitudes are contagious (video 4:55min)

- o A positive attitude is felt to be the biggest predictor of success
- A positive attitude is motivating
- o <a href="https://www.youtube.com/watch?v=ylAlwtNBopY">https://www.youtube.com/watch?v=ylAlwtNBopY</a>

#### • Resolving conflict checklist

- When you want to work with two individuals to help them resolve conflict, here is a checklist to follow
- o <a href="https://bit.ly/356geyU">https://bit.ly/356geyU</a>

#### • Managing Family Conflict

- o Practice the perspective triangle strategy to master emotions in conflict
- https://bit.ly/2Vy5gh1

### • How our brains fool us (video 3:06min)

- o If you've ever felt that your brain has betrayed you, you're not alone.
- o It seems that the organ is quite the prankster and sometimes, even a deceiver.
- Here are 10 tricks our brains play on us.
- o https://www.youtube.com/watch?v=CN5OaZUaDb8